



## Feeling a little intimidated by the High Holy Days? You're not alone!



### High Holy Days Workshop: *Orientation to the High Holy Days* Monday, September 15, 2008 7:00pm

As fall approaches, Jews throughout the world begin to prepare for a unique ten-day period of prayer, self-examination, fasting and repentance. It is time for the High Holy Days: Rosh Hashanah (New Year) and Yom Kippur (Day of Atonement).

Join us for an adult discussion at Temple Adat Shalom led by Rabbi Castiglione. We will discuss the High Holy days, how to prepare for them, and explore ways to find meaning in the services and rituals of Rosh Hashanah and Yom Kippur.

This program is designed for:

- ★ interfaith families,
- ★ Jews by choice,
- ★ those considering conversion, and
- ★ **anyone**, members or non-members, with a desire to gain a better understanding of these Holy Days.

This free, approximately 1 hour discussion is meant to be informal and interactive. Bring your questions! Bring a friend. Temple membership is NOT required. Dessert and coffee will be served. **Please RSVP to Sharon Stanford, Outreach Committee Chair, at 760-741-7783 or at [outreach@adatshalom.com](mailto:outreach@adatshalom.com), by Sept. 10.**

Childcare provided upon request. Please RSVP for childcare by **\*Sept. 10\*** at 760-741-7783.

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